

Klinic Community Health Center is offering a four part Suicide Prevention Training Series for healthcare professionals and those working in social services.

Klinic has been actively involved in crisis intervention and suicide prevention since 1974. Among the many services Klinic operates are the 24 hour Crisis Lines and the Manitoba Suicide Line. Klinic's Volunteer **Crisis Intervention Training Program** is highly regarded and has both a provincial and national reputation.

The **facilitators** of the Suicide Prevention Training Series are clinically experienced and actively involved in the training of staff and volunteers for the Manitoba Suicide Line.

The Series is designed to provide a comprehensive understanding of suicide prevention at different levels of practice.

This training is intended for health care professionals and those working in social services who may already deal directly with people at risk of suicide.

A four part training series on suicide prevention. Designed to make a difference.

almost 4000
Canadians
die by **suicide**
each year

every
second day
another
Manitoban
dies by
suicide

An accredited Crisis Centre through the American Association of Suicidology.

National office for the Canadian Association for Suicide Prevention.

Member of the Manitoba Network for Suicide Prevention.



870 Portage Ave.
Winnipeg MB
R3G 0P1
(204) 784-4090
www.klinic.mb.ca

suicide
prevention
training
series



This Suicide Prevention Training Series uses a dynamic approach that allows for fluid, engaging, and interactive opportunities for reflection. Participants explore personal values, attitudes and perceptions that can influence intervention throughout the series.

Level 1: Introduction to Suicide Prevention

This one-day training introduces the participant to the issue of suicide, providing a context for suicide in our society, and the meaning of suicide in client's lives. Basic crisis intervention, suicide recognition, assessment, intervention and prevention methods are the focus. The client/service provider relationship is further explored, in order to provide for a solid foundation of accurate suicide assessment and client safety.

Level 2: Advanced Suicide Prevention Training

Few clients challenge us more than clients struggling with suicide. Suicidal clients are dealing with deep and profound pain that can cause the service provider to feel overwhelmed and inadequate. The responsibility is great, and the pressure is on us to help the client stay safe and alive. Given the gravity of the situation, it is paramount that we possess best practice and current suicide assessment and intervention skills. The Advanced Suicide Prevention Training (ASPT) explores these areas in-depth, going beyond the basics and towards more detailed assessment and intervention strategies to support clients on their road to healing. The training further highlights the link between trauma and suicide and the importance of trauma-informed assessment. Participants are also offered an opportunity to reflect upon relationship building and the impact this work has on our lives. ***Participants registered for this training should have previous training and clinical experience in basic suicide prevention/intervention.**

Level 3: Trauma Informed Suicide Prevention with Persistently Suicidal Clients

This two-day training specifically focuses on working with clients who are struggling with complex post-traumatic stress related issues, and are persistently suicidal. The training explores a non-crisis oriented, trauma-informed approach to suicide prevention. Participants will be encouraged to reflect on alternate ways of intervening with clients to support them over the long term. **Participants registered for this training should have clinical experience with suicidal clients and experience and knowledge of suicide prevention/intervention.**

The Suicide Prevention Training Series can be provided in whole, or in part, at your center or organization. Participants can also attend sessions available at Klinik Community Health Centre.

**Cost Level 1 or 2: \$125
Level 3 or 4: \$225**

Level 4: After a Suicide Loss, Post-Vention with Survivors

This two-day training acknowledges the traumatic nature of suicidal loss and explores the experience of suicide grief and how service providers can assist clients in their healing process.



For more information on the Suicide Prevention Training Series and other workshops provided by Klinik please contact:

Leslie Debreccen
1-204-784-4206
ldebreccen@klinik.mb.ca
or visit Klinik's website
www.klinik.mb.ca