

Drop-In Counselling Services

In partnership with the Winnipeg Regional Health Authority, and the Family Violence Prevention Program, Klinik offers Drop-In Counselling at the following locations:

• **Klinik on Broadway**
545 Broadway
Assigned visitor parking available.

• **Access Transcona**
845 Regent Avenue West

For hours of operation,
PLEASE CALL 784-4067

Drop-In hours subject to change.

E-mail: dropin@klinik.mb.ca
www.klinik.mb.ca

KLINIC SERVICES

Klinik adheres to all privacy and personal health information legislation. All medical and counselling services, whether received in person or by phone, are documented. It is the right of any client of Klinik to access their personal health information.

- Information 784-4090
- Health Services Appointments 784-4090
- Teen Klinik (teenklinik@klinik.mb.ca) 784-4090
- Public Education & Training 784-4066
- Teen Talk 784-4010
- Volunteer Information 784-4006
- Drop-In Counselling (dropin@klinik.mb.ca) 784-4067
- Family Violence Counselling (Evolve) . . 784-4070
- Dream Catchers 784-4042
- Post Trauma Counselling Appointments 784-4059
- Sexual Assault Crisis Counselling Appointments (sacpwpg@klinik.mb.ca) 784-4049

24-Hour Telephone Services:

- Manitoba Suicide Line Toll Free 1-877-435-7170
- Crisis Counselling Line 786-8686
Toll Free . . 1-888-322-3019
- Sexual Assault Crisis Line 786-8631
Toll Free . . 1-888-292-7565
- TTY Deaf Access Counselling 784-4097

If you have comments or concerns
please call and leave a message at 784-4018

870 Portage Avenue, Winnipeg, MB R3G 0P1
Administrative Fax: 772-7998 / Medical Fax: 784-4013
www.klinik.mb.ca / E-mail: klinik@klinik.mb.ca

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Community Drop-In Counselling Program



Klinik
Community Health Centre

Drop-In Counselling...

- Free
- No appointment needed
- First come, first seen basis
- Donations gratefully accepted

You Can Talk About...

- Relationships
- Family violence
- Depression
- Anxiety
- Anger
- Sexuality and sexual orientation
- Childhood abuse
- Sudden life changes
- Grief or loss
- Alcohol use, drugs or gambling
- Children or parenting issues
- Suicidal thoughts
- Any problem that is affecting your life

We Welcome...

- Men
- Women
- Transgender
- Youth (ages 13+)
- Seniors
- People with family violence related charges
- Anyone who thinks we can help them with a problem

Klinik Philosophy...

Klinik is a pro-choice agency. We will offer you respectful, non-judgmental support. We welcome people of any gender, appearance, culture, religious background or sexual orientation.

Our Counsellors...

- are employees or volunteers of Klinik Community Health Centre.
- have training in crisis intervention, family violence and suicide prevention.
- can work with you to help you understand the problem.
- can help you find community resources.

Volunteers...

Our trained volunteers gain career related experience and make an important contribution to the community.

Volunteer Opportunities:

- Board member
- Committee member
- Crisis line counsellor
- Drop-In counsellor
- Reproductive health educator
- Sexual assault line counsellor
- Suicide line counsellor
- Teen Talk peer supporter

To get more information
on volunteering with Klinik,
please call our Volunteer Development
& Resource Worker at 784-4006.

Confidentiality...

We take your right to confidentiality seriously. We will only share information about you outside of Klinik if we have your permission **except** in the following situations:

Child Welfare

The law requires all citizens to report child abuse and neglect. If we believe that a child is at risk, we will ask the appropriate agency for help.

Threats of Harm

If we believe that you or someone else may suffer serious harm or death, we will do what is necessary for safety. We may need to ask for help from emergency services and/or other professionals.

Justice System

In rare instances, the court or police may ask to see client records.

We will always try to tell you about any actions we may need to take to keep everyone safe.

Please call
784-4067
for Drop-In times
and locations
or
visit our website at
www.klinik.mb.ca